



## **Tiger Fitness & Training Center Prices**

Prices Effective 1/1/2008

### **Personal Training / Coaching packages One-on-One**

Youth = High School Age or younger

- 1 session - \$60.00
- 3 sessions - \$150.00 - (must be used within 3 months) - Youth Rate - \$125.00
- 6 sessions - \$265.00 - (must be used within 3 months) - Youth Rate - \$230.00
- 9 sessions - \$345.00 - (must be used within 4 months) - Youth Rate - \$295.00
- 12 sessions - \$395.00 - (must be used within 6 months) - Youth Rate - \$345.00

### **Buy a Training/Coaching package that's right for you and SAVE!**

Youth rate – 12% off monthly packages

- |                                |                               |
|--------------------------------|-------------------------------|
| 3 months – 1 x week - \$410    | 6 months – 1 x week - \$780   |
| 3 months – 2 x weeks - \$820   | 6 months - 2 x weeks - \$1560 |
| 3 months – 3 x weeks - \$1225  | 6 months - 3 x weeks - \$2340 |
| 3 months – 4 x weeks - \$1640  | 6 months - 4 x weeks - \$3120 |
|                                |                               |
| 12 months – 1 x week - \$1430  |                               |
| 12 months – 2 x weeks - \$2860 |                               |
| 12 months – 3 x weeks - \$3900 |                               |
| 12 months – 4 x weeks - \$5720 |                               |

### **NEW! Express Tiger Training (30 minute session)**

- 1 session - \$30.00
- 3 sessions - \$85.00 - (must be used within 3 months)
- 6 sessions - \$150.00 - (must be used within 3 months)
- 9 sessions - \$215.00 - (must be used within 4 months)
- 12 sessions - \$260.00 - (must be used within 6 months)

**2 client group training discount = 25%**

**4 client group training discount = 50%**

**Offsite Training - Add 17% to price**

### **Fitness Center Access Pass (without Personal Trainer)**

\*\*Must purchase a minimum of 3 sessions to be eligible

\*\*10 session/access/class punch card - active training clients - \$55.00

10 class fitness punch card nonmembers - \$75.00

Non-member Day Fee - \$10.00

### **Elite Packages – Year membership (includes unlimited access)**

**White Tiger member** - \$2200– personal training 1 x week (1 year) and FREE ACCESS

**Bengal Tiger member** - \$3500– personal training 2 x week (1 year) and FREE ACCESS

**Gold Tiger member** - \$4750 – personal training 3 x week (1 year) and FREE ACCESS